

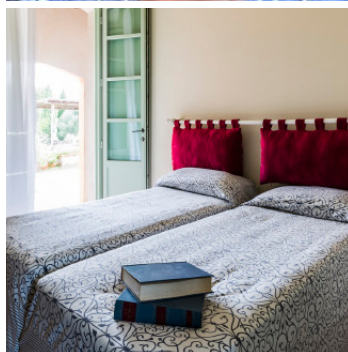


JUNE 23-29, 2025

Botanical Art Retreat

WITH CATHERINE WATTERS

AND *Slow Life Yoga* WITH SANDRINE KOM



Le Tassinaie invites you to the heart of the Maremma for a Botanical Art retreat under the mentorship of **Catherine Watters**. Catherine will guide you to skillfully observe, measure and draw your subject. You will learn to mix and layer colors, balancing light and shadow to develop form and texture. Students will work in graphite and watercolor, or colored pencils if you prefer. A supply list will be provided upon registration. Catherine is a botanical artist and instructor with over 25 years of teaching experience throughout France and the United States. She co-developed a certificate program and several florilegia. Her paintings are held in various international collections. www.catherinewatters.com

In addition to the precious guidance of Catherine Watters for your artistic creations, Le Tassinaie has teamed up with Slow Life Coach **Sandrine Kom**, who will offer light yoga, stretching and breathing practices each morning and late afternoon. (For those who wish to continue their art, Catherine will be available). Enjoy gentle meditative yoga to release tension from mind & body, become deeply relaxed and arrive in the present moment to focus on your art. www.quietluxury.it

Le Tassinaie is a biodynamic farm and agriturismo located upon a hill with sweeping views of Tuscany all the way to the Mediterranean Sea. The owner, **Cristina di Carpegna** will be our host, providing healthy, delicious meals made from both her organic garden and locally sourced ingredients. The rooms are beautiful and comfortable, each with an *en suite* bathroom, and either air conditioning or a ceiling fan. Weather-permitting, the studio tables can be placed outside on the terrace. The property has an infinity pool, and a fire pit. www.letassinaie.com

	DATES	FEES	INCLUDES
Botanical Art	June 24-28	500€ payable in € or \$ directly to Catherine <small>100€ non-refundable deposit*, balance due on day 1 of class</small>	Expert Botanical Art instruction with Catherine Watters
Shared room	June 23-29	1320€ for 6-nights (220€ per night) <small>200€ non-refundable deposit*, full payment due by June 9</small>	Shared room with <i>en suite</i> bathroom, breakfast, lunch & dinner + Slow-life yoga and meditation
Single room	June 23-29	2100€ for 6-nights (350€ per night) <small>200€ non-refundable deposit*, full payment due by June 9</small>	Private room with <i>en suite</i> bathroom, breakfast, lunch & dinner + Slow-life yoga and meditation

* deposit possible via Paypal or Wire transfer

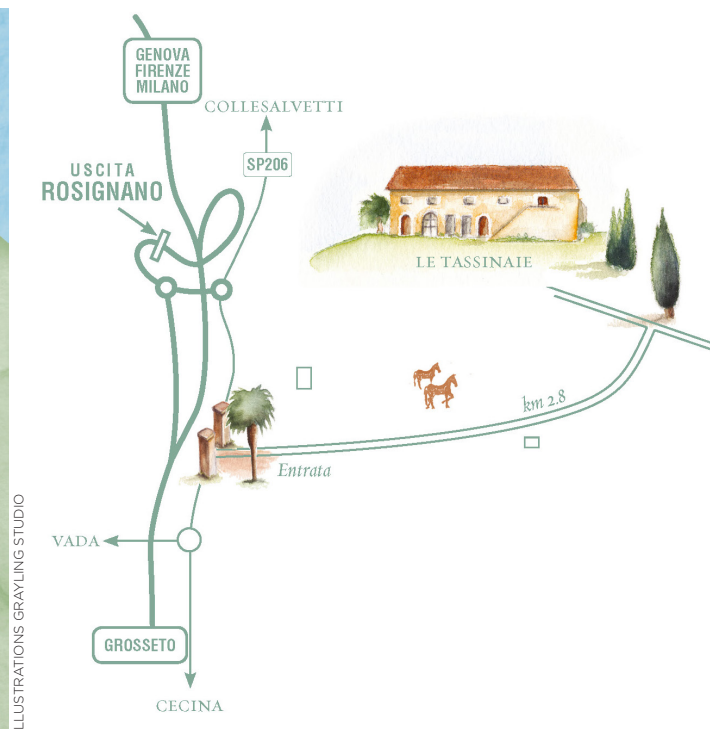
+ Tourist tax is 7.50€ / person for the week

To reserve a place for this special Botanical Art & Yoga retreat,
please contact Cristina at

+39 331 6402609 - cristina@letassinaie.com



Distances to LE TASSINAIE



Arriving to Le Tassinaie by car (from airports) :

Pisa Airport = **40 mins**

Florence Airport = **1hr 15 mins**

Rome FCO Airport = **3 hrs**

Arriving to Le Tassinaie by Train :

Pisa Centrale = **40 mins**

Florence / Firenze Santa Maria Novella to Cecina = **1hr15m**

Rome Termini to Cecina = **3 hrs 10 mins**



Società Agricola Le Tassinaie Società Semplice
Via Bagnoli, 25 - 56040 Castellina Marittima - Pisa Italy

www.letassinaie.com